



girl smarts®

DIANNA FLETT

SPEAKER • WRITER • CONSULTANT

www.GirlSmarts.com

"Leaders don't create followers...they create more leaders." - Tom Peters

Dianna's presentations are **fun, inspirational, and hard-hitting**, and most importantly, she will **give you tools to use immediately** to create a stronger team, stronger focus, stronger communication, and a stronger future for your organization, family, or girls. Her leadership strategies have been **proven on the battlefield**, in FBI training rooms, and in schools and PTO conference rooms. A leader who believes **all of us can make a difference**, Dianna's straightforward approach gives every attendee strategies they can implement to create a culture of leadership.



"I'm always so inspired, entertained and well-informed after hearing Dianna Flett speak from a pure place of passion for our young people. Dianna's constant desire to provide an available platform for young girls to learn confidence, motivation, courage, and leadership is truly remarkable." - Dee Daniels, Morning Show Host, 101.5, WBQB

INTRODUCING DIANNA FLETT

Dianna is founder & CEO of Girl Smarts, a program designed to instill the essence of leadership in fourth and fifth grade girls supporting their future success. A retired Army Lieutenant Colonel, Dianna is a combat veteran of Desert Shield/Desert Storm receiving several awards during her service including the Legion of Merit and Bronze Star. She is a former FBI leadership instructor and proud former President of her sons' public school Parent Teacher Organization.

Connect With Dianna Flett:



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"Thank you for the help. It was a kid's vision of learning. I now feel prepared and ready for the world!"
– 5th grade student

Girl Smarts is a series of workshops designed to give young girls motivation and skills to move forward with confidence and strength in the years ahead. The *Girl Smarts* approach combines straight talk and fun activities to bring home the reality of being in control and staying in control as our youth face the challenges of today's world. *Girl Smarts* workshops focus on the types of issues young ladies are facing RIGHT NOW in their lives, covering topics like body image, bullying, relationships, self image, leadership goal setting and more.



WORKSHOP & KEYNOTE TOPICS

Dianna offers workshops and keynotes for businesses, women's groups, parent groups, educators, and girls. Workshops can be *half or full day* and can be *customized and combined*. Topics include:

- **Mentoring our Girls - A Call to Action (For Women's Groups).** Find out how YOU can be a part of the mission to inspire a culture of leadership for and around your girls.
- **Little Girl Lost and Found (For Adult Groups, Parents & Educators).** Dianna will take you through the evolution of the Girl Smarts program and offer her insights from working with hundreds of elementary and middle school girls.
- **Communication in the Workplace (For the Workplace).** Let Dianna share her experience and lessons from working as a senior leader in the Army as well as a leadership and management trainer for the FBI, with your team.
- **Can't We all Just Get Along? (For Your Parent Group).** Some of the most challenging leadership moments Dianna had were not on the battlefield. They were during her four years as the president of her sons' public school parent teacher organization. Having said that, those four years were also some of the most rewarding and satisfying years of her life. Let Dianna share with you some of her key lessons learned.
- **Words Count - and sometimes they hurt (for children ages 8 - 12).** The first of two sessions on bullying, our "Words Count" class (90 to 120 minutes) sensitizes girls to the impacts and outcomes of bullying behavior. Through skits, interactive play and the creation of life size paper dolls; the girls come to understand and empathize with their peers who are experiencing bullying. We teach them who the bully is and why the bully may be targeting them.
- **What cha gonna do?** The second part of our series for young girls on bullying offers specific strategies and tools to stand against negative inputs from others. Through guided interactive sessions, the girls actually "talk back" to the bully and learn to "break contact" from a position of strength.

Ask about our 90 minute workshops on additional topics like Goal Setting, Body Image, Values, and more!